



# **Zumba at the Pittsfield Family YMCA**



**Back for Session 2 on March 4th!**

**Join us for a new 6 week session**

**Thursdays from 6:45 p.m. - 7:45 p.m.**

**And now Saturdays from 12 p.m. — 1 p.m.**

Have fun in our auditorium while you work-out and dance to International Latin inspired beats. Dynamic rhythms and non-verbal cues make this fitness class enjoyable and relaxed for any age. **Members: \$2 a class**

**Non-members: \$5 a class**

**Contact Marketing & Membership Director Susan Jacobs with any additional questions at 413-499-7650 ext. 42**