

# YMCA HEALTHY KIDS® DAY

Save the Date:

Saturday,

April 17th

10 a.m. to 1 p.m.

**FREE** to all  
children of the  
community

Open  
Family  
Swim

Family  
Fitness  
Classes

Kids get a  
free  
t-shirt!

Healthy  
snacks/  
nutritional  
guides

Parachute  
Games

Jump Rope  
for Heart

Bouncy  
House