

## **Pittsfield Family YMCA- Swim Lesson Registration**

Session : March 30<sup>th</sup> - May 15<sup>th</sup>, 2010

Please make notice of the YMCA policy that for a class to run there must be at least 2 children participating. If there are not 2 children in a class, the class will be canceled.

Today's Date \_\_\_\_\_

Master ID# \_\_\_\_\_ D.O.B. \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_

Child's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone # \_\_\_\_\_ Daytime Phone # \_\_\_\_\_

E-mail: \_\_\_\_\_

Emergency Contact and # \_\_\_\_\_

Class Name: \_\_\_\_\_ Time: \_\_\_\_\_ Day: \_\_\_\_\_

**NOTE: Refer to Swim Lesson Schedule for times and bottom of this form for class descriptions. Please sign up only for the time that appropriately matches your child's class time.**

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### **Payment Method**

Cash \_\_\_\_\_ Check # \_\_\_\_\_ Amount: \$ \_\_\_\_\_

Credit Card: Master \_\_\_\_\_ Visa \_\_\_\_\_ Exp Date: \_\_\_\_\_

Name as shown on card: \_\_\_\_\_

### **Swim Levels for 3-5yr olds**

*Pike* – very beginners, need floatation, bubble required

*Eels* – comfortable in the water, little to no assistance with floatation

### **Progressive levels (ages 6-12)**

*Polliwogs* – beginners, need floatation

*Guppy*- comfortable in water, little to no assistance with floatation, demonstrate alternating arm action

*Minnow*- able to float without assistance, stroke development and increasing endurance, can swim ½ lap confidently

*Fish/Flying fish* – improving performance with rhythmic breathing, all strokes, turns, diving, and endurance levels.

# Pittsfield Family YMCA

## Swim Lesson Schedule

WE ASK THAT ALL PIKE CLASSES PROVIDE THEIR OWN BUBBLE

Sessions run for 7 weeks. 1/2 hour lesson weekly.

Cost: \$45.00 members

Register online [www.pittsfieldfamilyymca.org](http://www.pittsfieldfamilyymca.org) until March 27th or come in and register at the YMCA

Pre- Registration required. (For additional information please call 499-7650x11)

### March 30th – May 15th 2010

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| <p style="text-align: center;"><i>Skip I Parent / Child(6mo-3yrs)</i><br/>Saturday 8:30am-9:00am</p> <p style="text-align: center;"><i>Pike (3-5yrs)</i><br/>(please provide own bubble)<br/>Tuesday 5:45-6:15pm<br/>Saturday 9:00-9:30am</p> <p style="text-align: center;"><i>Eel (3-5yrs old)</i><br/>Tuesday 4:45-5:15pm<br/>Saturday 10-10:30am</p> <div style="text-align: center;">  </div> | <p style="text-align: center;"><u>Progressive (School-age)</u></p> <p style="text-align: center;"><u>Polliwog</u><br/>Tuesday 5:15-5:45pm<br/>Saturday 10:30-11:00am</p> <p style="text-align: center;"><u>Guppy</u><br/>Saturday 9:30-10:00am<br/>Tuesday 4:15-4:45pm</p> <p style="text-align: center;"><u>Minnow</u><br/>Saturday 11:30am-12:00pm</p> <p style="text-align: center;"><u>Fish/Flying Fish</u><br/>Saturday 11:00-11:30pm</p> <div style="text-align: center;">  </div> |
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\*Please make notice:

There must be at least 2 people in a class for it to run. Please be aware that times and dates are subject to change if there is not an appropriate number to fill each class.