

Award ceremony will be at the start/finish area.



Individual:

1st Place Overall Male/Female: plaques

Top 3 Male/Female in each category: Medals

Top Corporate Team: Honorary Plaque

(One for each member of the winning team)

Relay: Top team in each category: medals

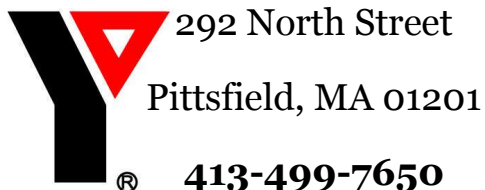
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Pittsfieldfamilyymca.org



Save the Date: August 28, 2010

Registration

Name _____

Address _____

City: _____ State: _____

Phone: _____

Email: _____

Male: ___ Female: ___ Shirt Size: M ___ L ___ XL ___

In consideration of this entry being accepted, I do hereby forever waive and release the Pittsfield Family YMCA and the sponsoring organizations and companies, the agents, representatives, assigns and successors for all claims of action which I at any time acquire as a result of participation in the event for which the entry relates. I also give permission to the Pittsfield Family YMCA to release any pictures taken during the event.

Participants/ Guardian's Signature (Required):

Relay Teams Only

Each member must fill out separate entry forms and staple them together. Please list teammate's names below:

Swim: _____

Bike: _____

Run: _____

Emergency Contact

Name: _____

Phone: _____

Payment

Cash: _____ Check: _____

Credit Card #: _____

(Visa / Master / Discover / American Express)

Exp: _____/_____

Signature: _____



The 2010 Pittsfield Family YMCA announces their

8th Annual Y-Athlon

Saturday, August 28, 2010

Brought to you by:



This fundraiser benefits:

Youth Scholarships,

Sports, Camps, ROFY

The Pittsfield Family YMCA presents the 2010 Berkshire Bank Y-Athlon

Sprint Distance: This is a wonderful race for the novice or elite tri-athlete. The swim is a half a mile in length and is on the picturesque Onota Lake. The bike ride is 14.5 miles and the run is 3.1. The race will start and finish at Onota Lake Pavilion where the award ceremony will take place.

Directions: Race location is 25 minutes north of the Mass turnpike (I-90). Take Mass Pike exit 2 (Lee) on to US 20 West. Follow US 20 West to Rt. 7 North through Pittsfield. Continue onto North St. until Berkshire Medical Center and take a left on Wahconah St. At second set of lights, take a left on Pecks Rd. Continue through first set of lights and take left on to Lakeway Dr. Follow road into Burbank Park.



Event Schedule

Friday, August 27: (Day before the race): Participants may register and/or pick up race packets between 5:00 and 7:00 p.m. at the start/finish area at Burbank Park.

Day of the Race: Saturday, August 28, 2010 times

6:30am: Registration & Packet Pick-up

7:30am: All bikes must be racked

8:00am: Start of Race

Categories

Individual

<u>Age:</u> 15-19	<input type="checkbox"/>
20-24	<input type="checkbox"/>
25-29	<input type="checkbox"/>
30-34	<input type="checkbox"/>
35-39	<input type="checkbox"/>
40-44	<input type="checkbox"/>
45-49	<input type="checkbox"/>
50-54	<input type="checkbox"/>
55-59	<input type="checkbox"/>
60-64	<input type="checkbox"/>
65 & up	<input type="checkbox"/>

Relay Categories

Under 40*

Over 40*

All Male	<input type="checkbox"/>	<input type="checkbox"/>
All Female	<input type="checkbox"/>	<input type="checkbox"/>
Co-Ed	<input type="checkbox"/>	<input type="checkbox"/>
Corporate Challenge (Employees that are looking to represent a single business)	<input type="checkbox"/>	

Entry Fees

Pre-Registration

Individual: \$60

Relay: \$100



Night Before/ Day of

\$70

\$130

USA- T One Day Membership (Required) \$10

Includes: t-shirt, race bag, raffle, & food and entertainment after the race.

Register at:

www.active.com

Or in person at

**The Pittsfield Family
YMCA**

292 North Street

Pittsfield, MA 01201

(413) 499-7650

**Race Directors and
Contacts:**

Randy Kinnas

(413) 499-7650 ext. 12

Rkinnas@nycap.rr.com

Eric Tyer

(413) 499-7650 ext. 33

erictyer@nycap.rr.com

